



COACHING 4 MINISTERS
YOUR MISSION IS OUR MOTIVATION

Seven ways to make life easier

In my coaching, I often say, "Managers make things complex and Leaders make things simple." When Jesus arrived on the scene, the religious managers of his day had filled the rulebook with at least 365 commandments. Being the great leader that He was, he said, "Let me make things simple; there are just two commandments. And if you keep them, you will fulfill all the others." Leaders should always be looking for ways to simplify and make the very complex world in which we live today a little easier for those who look to us for leadership. Here are seven modifications that may help you:

Modify the pace of everyday living

- Not everything can or should be #1.
- Do not over commit. Say "no" more often.
- Relaxation, vacation or sabbatical are not dirty words.

Modify your expectations of your self and others

- Don't let others create your scorecard for success and most of all, your significance.
- Unfulfilled expectations still bring life's greatest disappointments.
- Be led by a spirit of excellence not driven by perfectionism.

Modify your commitments

- Projects and events demand both time and energy.
- Do more with less. Strive to be effective and efficient.
- Manage your commitments and time will care for itself.

Modify your possessions

- Do you own them or just rent them?
- Cash is still king and debt will sap your life. Get out!
- You don't have to have the latest or greatest.

Modify your relationships

- Hang out with "Balcony People" avoid "Basement People."
- Know the difference between vision makers, vision supporters and vision drainers. Choose wisely.
- Know where your hospitality saturation point ends and don't go beyond it.



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Modify your ministry

- Lead your ministry or some day it will be driving you.
- Managing your ministry is not the same as leading it.
- Know your God-given gifts and talents. Find a way to get there, flow there and stay there.
- Know what you do best. Learn to do it better; and do more of it.
- Every "need" should not be a demand on your time.

Modify how you pull it all together

- Have a project, event, energy and time management tool. Use it consistently until it becomes a way of life.
- Start each with a prioritized "to do" list.
- Have lifetime, annual, monthly, weekly and daily goals.
- What are the hurdles and obstacles that prevent you from modifying your life? Write them down and ask God for a strategy to overcome them.
- Few make major changes because they are usually not sustainable. But, most of us are capable of making some modifications; slight alterations that if followed consistently, with minimal effort, will lead to significant change that will be sustainable and make life easier.